

The Source for Pediatric Dysphagia was first published in 1998. I wrote the original book after writing *The Source for Dysphagia* because of my interest in dysphagia with patients of all ages, but also because I thought it would be relatively easy to pull together having already written the book on adults. However, writing this book served daily to remind me that treating infants and children with dysphagia is an entirely different task than treating adults. As clinicians, we would benefit (as would both our pediatric and adult patients) from remembering that lesson.

Over the last 12 years I have often lectured around the country on pediatric dysphagia to clinicians working in a variety of settings, including home health, early intervention, clinics, hospitals, and schools. These clinicians have shared many challenges they face in providing services to infants and children. Their requests for more information on certain topics (e.g., autism, behavioral feeding) and the need to provide updated information spurred the writing of this new edition. This Second Edition provides current information in evaluation and treatment, with particular attention to updating information on evaluation and on treatment for behavioral feeding.

Most chapters contain significant revisions, such as:

- Updated understanding of the physiology of the swallow
- Total revamping of the evaluation tools to make them more comprehensive and yet easier to use. There are three distinct tools divided by age range.
- Information on FEES as an instrumental assessment tool
- More comprehensive description of the types of pediatric dysphagia
- Information on motor learning and how it impacts treatment
- Basic information on nutrition (how much and what infants and children should eat)
- Additional treatment techniques for treating behaviorally-based disorders, with a delineation of food refusal and selectivity
- Additional goals and treatment objectives, particularly for stability and mobility and for food refusal and selectivity
- Expanded and updated reference list

I've also added a chapter on providing dysphagia services in school settings. I was lucky that my colleague and friend, Lisa Rai Mabry-Price, who for the last seven years has worked at the ASHA national office as Associate Director, School Services, agreed to write the chapter.

The Source for Pediatric Dysphagia Second Edition is designed to make your work more efficient. The reference material is presented in an easy-to-read format so you can quickly look up information about the child's problem. The forms facilitate your recording observations of the child in a quick and easy way, reducing the amount of time you spend on paperwork. The long- and short-term goals and treatment objectives are organized by the type of oral-motor or behavioral problem you are addressing. These goals will keep you from reinventing the wheel for each child you see, yet will allow you to customize the goals to meet a specific child's needs.

Due to the expanded information in this edition, many of the pages previously included within the book (primarily reproducible pages) have been transferred to the enclosed CD (inside back cover). You will find a complete listing of the CD contents on page 6.

Introduction

Speech-language pathologists are the preferred providers of services to children with dysphagia. To remain in this position, we must continually update our knowledge and skills. I hope *The Source for Pediatric Dysphagia Second Edition* is one of the ways you will keep your skills on the cutting edge of dysphagia services. I also hope you'll take advantage of ASHA's Special Interest Division 13, Swallowing and Swallowing Disorders. It is a great value and an easy way to stay current in our area of practice. If you're an experienced clinician, perhaps it's time for you to seek recognition as a specialist from the Board for Specialty Recognition in Swallowing and Swallowing Disorders.

There are so many things to remember and consider when working with infants and children with dysphagia. I hope *The Source for Pediatric Dysphagia Second Edition* helps you refine your skills and organize your approach to treatment.

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