



Part I – Memory/Rehearsal

Show the client the Family Birthday Party scene on page 76 while presenting these exercises. Fill in the blanks in the exercises with appropriate times for your client.

A. Short-Term Memory Recall (Name)

Point to the man having a birthday and say, “I want you to remember the name of this man. His name is Henry James. What is his name?” Use a memory strategy that is familiar to the client. Then say, “I’m going to ask you the man’s name again at the end of our session.”

B. Short-Term Memory Recall (Words)

Say, “Listen carefully. I’m going to say four words that I want you to remember. After I say the four words, repeat them back to me. Here are the words – cake, present, candle, camera. What are the four words?” Note the current time.

C. Memory Awareness

Ask, “How many of the four words you repeated back to me do you think you will remember in ____ minutes?”

D. Short-Term Visual Memory Recall (Scene)

Show the client the scene for ____ seconds and say, “Look at the picture for ____ seconds. Now answer my questions about the picture.” Cover the picture.

Semantic Rehearsal

1. Name a birthday party decoration that is tied to a string. *balloon*
2. Name the creamy topping on the cake. *frosting*
3. You use this to take photos. What is it? *camera*
4. This rhymes with *handle* and has a wick. What is it? *candle*
5. This is another word for a *present*. What is it? *gift*

Scene/Fact Rehearsal

1. How old is Grandpa? *90 years old*
2. How many candles are on the cake? *two*
3. What does the sign say? *Happy Birthday Grandpa!*
4. What are the people eating with their cake? *ice cream*
5. Does Grandpa wear glasses? *yes*

E. Spatial Orientation

Show the client the scene while giving the following directions.

1. Point to something on top of the cake.
2. Point to the card on the left.
3. Point to someone standing next to Grandpa.
4. Point to something above Grandpa’s head.
5. Point to the balloon in the lower-right corner of the picture.

F. Following Oral Directions

Give the client a copy of the scene and a pencil. Have the client follow each of these directions.

1. Draw a circle around the camera.
2. Put a checkmark on the person who is clapping.
3. Put a plus sign on each plate with ice cream.
4. Mark an X above the gift that is not in a box.
5. Write the number 90 on three balloons.

G. Short-Term Memory Recheck

Present these items to the client at an interval that is appropriate to the client’s individual needs.

1. Recall (Name): Say, “At the beginning of the session, I told you the name of the man having the birthday. What is his name?”
2. Recall (Words): Say, “Tell me the four words I asked you to remember at the beginning of our session.” Note the current time.
3. Memory Awareness: Say, “Do you recall how many words you thought you would remember? How many?”

H. Long-Term Memory/Self-Referencing

1. What is your favorite kind of cake?
2. What song do people usually sing at a birthday party?
3. Think of the last birthday party you attended. Whose birthday was it?
4. Tell me about one of your memorable birthdays.
5. Tell me the name and age of your oldest living relative.

Henry's Birthday

Henry's family planned a small family gathering today for his 90th birthday. They **pick him up** at his apartment before lunch and will **drop him off** at 4:00. After **lunch**, Henry **visits with his family** for a while. He **has some cake and ice cream** before **opening a few presents**. His grandkids have a surprise for him after he opens his presents. They **show a video of old photos and tell stories from the past**. Henry loves reminiscing.

12:00 _____

12:30 _____

1:00 _____

2:00 _____

2:30 _____

3:00 _____

4:00 _____

Directions

Prep time = 10 minutes

You Will Need:

- 1 $\frac{1}{3}$ cups water
- $\frac{1}{3}$ cup vegetable oil
- 3 large eggs

Pan Size/Bake Time:

- two 8": 33-36 minutes
- two 9": 28-31 minutes
- 13" x 9": 32-35 minutes
- Bundt®: 38-43 minutes
- 24 cupcakes: 18-21 minutes



1. **Prep:** PREHEAT oven to 350°F for metal or glass pans, 325°F for dark or coated pans. GREASE sides and bottom of each pan with shortening. FLOUR lightly. (Use baking cups for cupcakes.)
2. **Mix:** BLEND dry mix, water, oil, and eggs in large bowl at low speed until moistened (about 30 seconds). BEAT at medium speed for 2 minutes. POUR batter in pans and bake immediately.
3. **Bake:** BAKE according to pan size instructions. Add 3-5 minutes to bake time for dark or coated pans. Cake is done when toothpick inserted in center comes out clean. COOL in pan on wire rack for 15 minutes. Cool completely before frosting.

Lower Fat Recipe:

Prepare and bake following the directions above except use 1 cup water, $\frac{1}{3}$ cup unsweetened applesauce, and 3 eggs. Reduce baking time 1-2 minutes.

Part II – Problem Solving and Executive Functions

Use page 78 with Tasks A and B.

A. Timeline

Give the client a copy of the Henry's Birthday passage and a pencil. Have the client read the passage and then develop a timeline for Henry's special day. Instruct the client to include the bolded information in the timeline.

<i>12:00 get picked up</i>	<i>2:30 open presents</i>
<i>12:30 eat lunch</i>	<i>3:00 watch video, tell stories</i>
<i>1:00 visit with family</i>	<i>4:00 get dropped off</i>
<i>2:00 have cake and ice cream</i>	

B. Math Concepts

Show the client the cake directions while asking these questions.

- How long will it take you to bake the cake using two nine-inch pans? *28-31 minutes*
- How long will it take you to prep, bake, and cool the cake using the same pans? *53-56 minutes*
- How much baking time do you need to add for dark or coated pans? *3-5 minutes*
- You need $1\frac{1}{3}$ cups of water for the recipe. How much will you need if you double the recipe? *$2\frac{2}{3}$ cups*
- If you put the cake in the oven at 10:00 a.m., when will it be done (if using two nine-inch pans)? *10:28-10:31 a.m.*

C. Reasoning

Have the client answer each question.

- Name some reasons people celebrate birthdays. *tradition, social custom, celebrate day someone was born, make someone feel special*
- Name some reasons people don't like getting older. *scared of aging, changing appearance, physical limitations, increased chance for medical/health issues*
- Why should you let a cake cool before frosting it? *frosting could melt, cake could crumble, might ruin cake*
- How would you feel if your family forgot your birthday? *hurt, upset, disappointed, sad*
- How would you feel if your family threw you a surprise party? *excited, surprised*

D. Flexibility in Thinking and Predicting

Have the client answer each question.

- What should you do if you don't know what type of gift to get someone? *ask the person, ask someone who knows the person well, get a gift card*
- Why is it important to have the correct information on party invitations? *so people show up on time/know where to go/who to RSVP to*
- What are some pros and cons of having a small family gathering versus a big party? *Pros – intimate, spend more time with guests, quick, less planning, less expensive; Cons – can't invite everyone, some people may feel left out, miss seeing some friends*
- What could happen if you don't plan ahead for a birthday party? *be unprepared/unorganized, run out of time, forget items*
- What could happen if someone at a party is allergic to one of the ingredients in the cake? *won't be able to have any cake, have allergic reaction, have to leave party/go to doctor/ER, take medication*

E. Generalization Tasks

Have the client answer each question.

- What are some things to keep in mind when planning a birthday party for an elderly family member? *include the family member in planning process, see what he's comfortable with (e.g., times of day), include memorabilia from past eras/events, involve younger family members*
- Plan a birthday party for the following people. Include type of party, number of people to invite, etc.
 - your six-year-old daughter
 - your 30-year-old sister
 - your 60-year-old mom