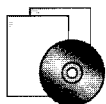


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# Appendix B: Activities

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<b>I. Caregiver</b>	<b>151</b>
<b>II. Grounding</b>	<b>159</b>
<b>III. Mindful Awareness</b>	<b>167</b>
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All handouts are available in reproducible form on the CD.