



Author Lois Bly (center), Allison Whiteside (left), and photographer Ron Medvescek (right).

About the Author

Lois L. Bly, M.A., PT, received her bachelor of arts, with a major in biology, from Thiel College in Greenville, Pennsylvania, and a certificate of physical therapy from the D. T. Watson School of Physiatrics in Leesdale, Pennsylvania. She did graduate work in pathokinesiology at New York University, New York, New York, and received her Master of Arts degree in Motor Learning from Teachers College, Columbia University, New York, New York.

Ms. Bly received her initial training in Neuro-Developmental Treatment (NDT) from Dr. and Mrs. Bobath in London, England. She also has attended numerous NDT courses, including the NDT Baby Course with Ms. Mary Quinton and Dr. Elsbeth Kong in Bern, Switzerland. Following the Baby Course, Ms. Bly worked and studied at the Inselspital Bern, Zentrum fur Cerebrale Bewegungsstorungen, Bern, Switzerland. After a 10-week course with Ms. Quinton and Dr. Kong in Seattle, Washington, Ms. Bly became an NDT Coordinator Instructor and was certified to teach 8-week NDTA, Inc., Courses and NDTA Approved Baby Courses.

Ms. Bly is the author of the monograph *The Components of Normal Movement During the First Year of Life* and the book *Motor Skill Acquisition in the First Year* and coauthor with Allison Whiteside of the book *Facilitation Techniques Based on NDT Principles*.

Ms. Bly has worked for many years as a physical therapist, treating babies with developmental disabilities and children with cerebral palsy. Since 1980, she has taught numerous seminars, workshops, NDT basic courses, and advanced Baby Courses throughout the United States, Australia, Brazil, Argentina, and South Africa. Currently she continues to teach, consult, and maintain a very small private practice in Maryland.

About the Photographer

Ron Medvescek received his bachelor of science degree in photojournalism from Ball State University in Muncie, Indiana. He is an award-winning photojournalist with 21 years of experience in newspaper and magazine photography, picture editing, page design, and computer illustration. In addition, he has taught photojournalism and publication design at the University of Arizona. Various magazines and newspapers, such as *Newsweek* and the *Chicago Tribune*, have published some of his work. His photos also appear in Lois Bly's and Allison Whiteside's *Facilitation Techniques Based on NDT Principles*.

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