

---

# Contents

Introduction .....	1
--------------------	---

## Reproducible Informal Assessment Instruments

☀ The Big Picture: Getting My Future in Focus .....	9
☀ Self-Determination: Understanding and Evaluating Myself .....	27
☀ Planning for Postsecondary Education/Training: Preparing for My Future .....	43
☀ Academic Skills and Support Needs: Addressing Learning-Related Demands .....	69
☀ Nonacademic Support Needs: Examining the Other Parts of My Life .....	119

Appendix: Support for Accommodation Request .....	131
---	-----

About the Authors .....	139
-------------------------	-----

© copyrighted material by PRO-ED, Inc.