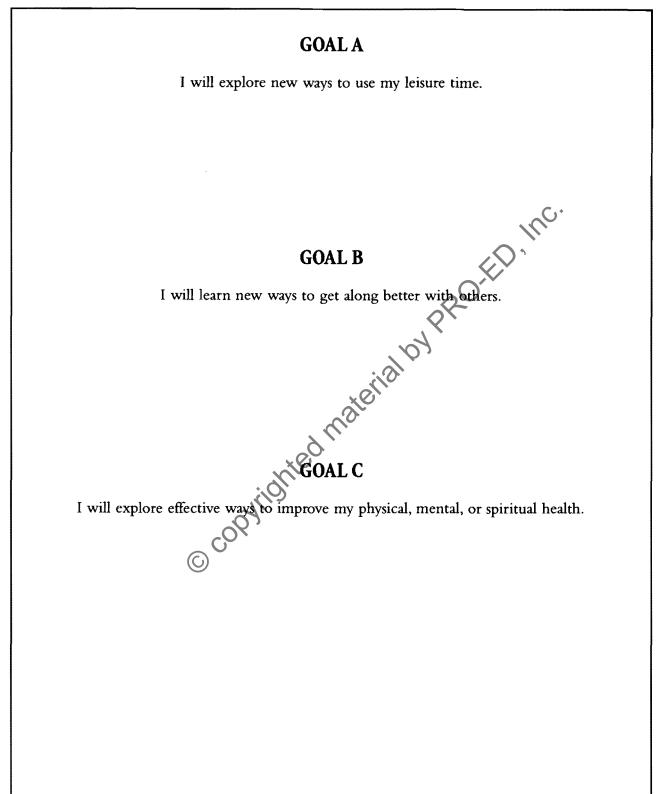
## **Personal Life Goals**





## Student Plan Sheet

PERSONAL LIFE



Personal Life Goal A: I will explore new ways to use my leisure time.	
My Strengths: Look at your Skills Summary Sheet. Write up to 5 skills that are strengths that could help you accomplish this goal.	
1	
2	
5	
Skills	I Need To Improve or Work Around: Look aryour Skills Summary Sheet. Write no
more	than 3 skills that you might need to improve or work around in order to accomplish this goal.
1	
2	× OI `
3	material
Activities: Put a check mark ( beside one activity that will help you accomplish this goal.	
<b>1</b>	. I will go to the library and read some books or articles about an activity I am interested in trying.) will try this activity at least two times to find out if I like it.
2	. I will check the class listings for my local community college and find a class for an activity I am interested in trying.
3	. I will check the class listings for a local recreation organization and find a class for an activity I am interested in trying.
4	. I will join a group or organization that participates in an activity I am interested in trying, and I will attend one of their meetings.
<b>D</b> 5	. I will ask my friends about an activity I am interested in trying. I will try the activity at least two times to find out if I like it.
6	. I will improve or work around this skill:
7	. Other activity:
	(continues)