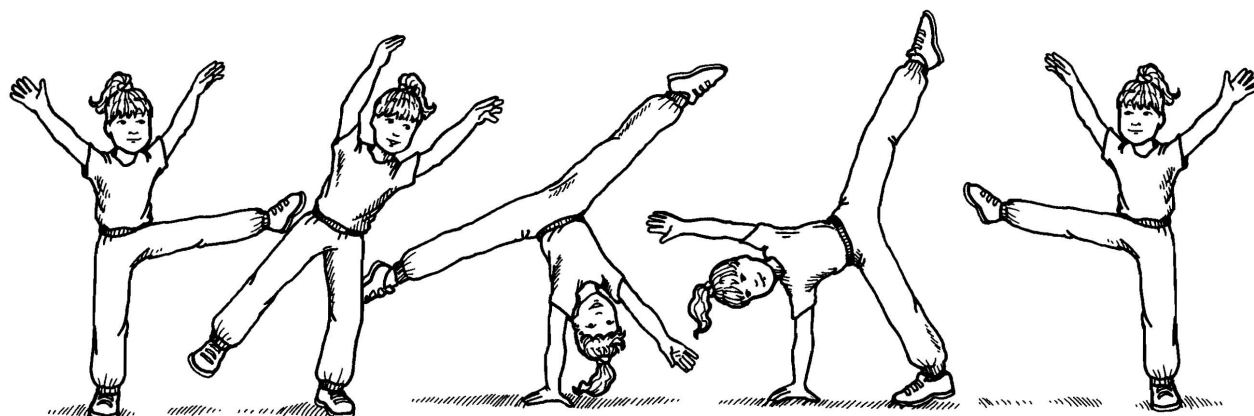


I CAN Performance Objective: CARTWHEEL



Assessing/Instructional Focus

Given a verbal request and a demonstration, the student will perform a cartwheel, two out of three times, demonstrating the following performance standards:

- Body is straight and extended in the inverted position with feet passing directly overhead
- Smooth integration, steady rhythm of the above actions

Tasks with Key Elements

Proper Form and Technique

- Preparatory position, body in erect position, arms outspread, legs shoulder-width apart
- Bend body to the right, place right hand on the floor, follow in sequence left hand, left foot, and right foot
- Take weight of the body on the hands in succession and each body part touches the floor at evenly spaced intervals

Proper Form Plus Running Approach

Maintain form, running approach with a skip before takeoff

Proper Form Plus Continuous Cartwheels

Maintain form with two continuous cartwheels, smooth integration

Diagram

Assessing Activity

T

XX

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Four students stand in a line with the teacher 8 to 10 feet in front of the students. The partner or spotter stands behind the student performing the cartwheel (if needed, the spotter stands in a crossed-arm position, and grasps the performing student at the waist). The spotter's arms uncross as the student performs the wheel. The teacher gives a verbal cue followed by a verbal cue/demonstration. Students exchange places after the trials. At the end of the trials, the teacher records each student's performance on the score sheet.

Related instructional games/activities to plan unit lessons are found in Game/Activity Resources at end of this chapter.

Class Performance Score Sheet A

Performance Objective: Cartwheel

Assessment/Reassessment Data

School _____ Teacher _____

Grade/Level _____ Unit _____

Scoring	Key Elements						Totals			Response Code											
	Proper Form			Approach	Continuous																
<i>(Student must demonstrate 2 out of 3 times)</i> Assessment Date _____ X = achieved O = not achieved Reassessment Date _____ ⊗ = achieved O = not achieved	Body in erect position, arms outspread, legs shoulder-width apart	Bend body to right, place right hand on floor, follow in sequence left hand, left foot, and right foot	Take weight of body on hands in succession and each body part touches the floor at evenly spaced intervals	Body is straight and extended in an inverted position with feet passing directly overhead	Smooth integration	Maintain form, running approach with a skip before takeoff	Maintain form with two continuous cartwheels with smooth integration	Number of Key Elements at Entry	Number Targeted	Number Achieved	N = not attending NR = no response UR = unrelated response AC = accommodation AA = alternative assessment Specify in Comments with dates as needed.										
Name																		Comments			

Describe accommodations/alternative assessments for student(s):

% Expectancy after Preassessment

 % Achieved Postassessment

I CAN Primary Skills K-3

Class Performance Score Sheet B

Performance Objective: Cartwheel

Assessment/Reassessment Data

School _____ Teacher _____

Grade/Level _____ Unit _____

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