

## ABOUT THE AUTHORS

---

**Janet A. Wessel, PhD**, is professor emeritus of physical education and adapted physical education at Michigan State University, East Lansing, Michigan. For over 40 years she has been an active researcher, teacher, prolific writer, and director of federal, state, and districtwide curriculum projects, in particular, as a project director and author of the National Validated I CAN curriculum. Her work has taken her into hundreds of primary grade classrooms and involved special education classroom teachers and adapted and regular physical educators. She is widely known in the fields of body dynamics, special education, rehabilitation, and adapted physical education. She is a recipient of numerous international, national, and state honor awards in her chosen profession, and is recognized for contributions outside the framework of her profession.

**Lauriece Zittel, PhD**, is assistant professor of adapted physical education at Northern Illinois University, DeKalb. Her writing and research have focused in the area of early childhood adapted physical activity. She co-authored, with Janet Wessel, *SMART START: Preschool Movement Curriculum Designed for Children of All Abilities*. Laurie has taught in the public schools for 10 years, and currently her research takes her into many early childhood classrooms. She has worked with school teams to enhance the collaborative efforts necessary to fully include young children with disabilities in the general education setting. Her research interests are examining early childhood physical activity, instructional strategies necessary to support task initiation and task persistence.

© copyrighted material by PRO-ED, INC