

TABLE OF CONTENTS

Introduction	5
Chapter 1: Voice Production—Anatomy and Physiology	6
Overview of Laryngeal Anatomy	6
Overview of Respiration and Voice Production	12
Neurologic Control of Voice Production	16
Functions of the Larynx	17
Overview of Vocal Fold Vibration Theories	18
Chapter 2: Voice Evaluation	20
The Voice Team	20
Case History	20
Behavioral Voice Assessment	21
Functional Voice Assessment	25
Non-Instrumental Assessment	33
Vocal Tract Visualization	34
Clinical Report Writing	37
Protocol for Voice Evaluation	38
Case History Form	39
Effects of Medication on Voice/Speech	41
Consensus Auditory-Perceptual Evaluation of Voice (CAPE-V)	42
Voice Handicap Index (VHI)	43
Rainbow Passage	44
Consent to Perform Videostroboscopy	45
Protocol for Videostroboscopy	46
Voice Evaluation Report	47
ICD-9 Codes	49
Chapter 3: Voice Disorders and Vocal Pathologies	50
Functional Voice Disorders	52
Neurological Voice Disorders	59
Organic Voice Pathologies	63
Gastro-Esophageal Reflux Disease (GERD)	74
LPR/GERD Handout	76
Neurological Conditions Affecting the Voice	77
Upper Motor Neuron (UMN) Lesions	77
Lower Motor Neuron (LMN) Lesions	78
Mixed UMN/LMN Lesions	79
Basal Ganglia Lesions	80
Chapter 4: Treatment	85
Vocal Hygiene	85
Vocal Hygiene Patient Questionnaire	87
Vocal Hygiene Modification List	88

Theories and Approaches	90
Confidential Voice Therapy	90
Resonant Voice Therapy	90
Vocal Function Exercises	91
Laryngeal Massage	91
Accent Method	91
Lee Silverman Voice Treatment (LSVT)	91
Other Techniques	91
Therapy Exercises/Tasks	93
Physical Exercises	94
Respiration Exercises	104
Phonation Exercises	114
Resonance Exercises	125
Oral Resonance Exercises	130
Recommendations for Teachers	133
Terminology for the Singing Voice	134
Care of the Singing Voice	135
Example Treatment Plans	136
Chapter 5: Head and Neck Cancer and Laryngectomy	140
Oral Cancer	140
Facts	140
Symptoms	141
Diagnosis	141
Treatment	141
Laryngeal Cancer	142
Facts	142
Diagnosis	145
Treatment	145
Laryngectomy Facts for the Patient	151
Evaluation and Counseling	153
Rehabilitation	154
Esophageal Speech	155
Tracheoesophageal Speech	156
Pros and Cons of Speech Options	159
Social Phrases for Alaryngeal Speaking Practice	160
Multisyllabic Words	161
Troubleshooting Chart for TEP and Prosthesis Problems	162
Glossary	163
Resources	167
Manufacturers and Distributors	167
Organizations and Support Groups	169
References	171