

Preface

There are many excellent therapy manuals available to clinicians to help improve nearly all aspects of cognition, but *The Source for Safety: Cognitive Retraining for Independent Living* is the first evaluation tool and therapy manual directed at the vital abilities and skills of recognizing, describing, reasoning, and problem-solving for potential risks, hazards, and safety concerns in the hospital, home, and community. It is different from other assessments and therapy materials for individuals with cognitive disorders. The focus of this manual is safety in the hospital, at home, and in the community. Safety awareness and problem-solving are critical concerns for individuals with neurological impairments. To redevelop their independence, these people must be able to manage themselves safely and appropriately.

We have based the evaluation and therapy manual on the *FIM™*, ASHA's Functional Communication Measures (FCMs), and the U.S. Government's Minimum Data Set (MDS) levels to be as functional as possible. As practicing clinicians in a variety of settings, we recognize therapists' needs for a manual that has valuable therapy material, is organized logically, is easy to read, and can be carried easily from patient to patient.

No one therapy manual can meet all of the needs of therapists, and we realize that *The Source for Safety: Cognitive Retraining for Independent Living* will be just one of the tools in your "toolbox." We welcome suggestions and recommendations for improving and strengthening *The Source for Safety: Cognitive Retraining for Independent Living* to better meet your patients' needs and to make this material more useful for you. If you have suggestions, recommendations, corrections, or general comments, please feel free to contact Paul Fogle through his website: www.PaulFoglePhD.com.

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