## **About the Author**

**Nancy B. Swigert**, M.A., CCC-SLP, is the director of Speech-Language Pathology and Respiratory Care at Central Baptist Hospital, an acute care facility in Lexington, KY. Prior to this, for 26 years, Nancy was the President of Swigert & Associates, Inc., a private practice providing speech-language pathology services in the Central Kentucky area. She is a Board Recognized Specialist in Swallowing and Swallowing Disorders.

Nancy received her master's degree from the University of Tennessee – Knoxville. She is a former President of the Kentucky Speech-Language-Hearing Association (KSHA), the Council of State Association Presidents, the American Speech-Language-Hearing Association, and the American Speech-Language-Hearing Foundation Board of Trustees. She was on the Steering Committee for ASHA Special Interest Division 13, Swallowing and Swallowing Disorders, for six years and Coordinator for three of the six years. She chairs the Health Care Economics Committee for ASHA. Nancy was twice awarded the Honors of KSHA and is a Fellow of ASHA.



Nancy's main interests are in the areas of pediatric and adult dysphagia and other neurogenic disorders. She has authored these publications with Linguisystems: *The Source for Dysphagia, The Source for Dysphagia, The Source for Reading Fluency, Reading Fluency and Comprehension: Activities and Exercises, The Early Intervention Kit,* and *The Source for Children's Voice Disorders.* She lectures extensively in the areas of pediatric and adult dysphagia and motor speech disorders.

## **Dedication**

To Jeri Logemann, a true pioneer in our field, whose teaching and writing initially sparked my interest in dysphagia and whose continued mentorship is appreciated

To my colleagues on the Steering Committee of Special Interest Division 13, Swallowing and Swallowing Disorders, from whom I have learned so much and with whom I've had so much fun

To the administration at Central Baptist Hospital, who has always supported a strong, evidence-based department. To the speech-language pathologists — we learn so much from each other by discussing challenging cases. To our colleagues in other disciplines, with whom we enjoy a collegial team relationship and who are committed to providing outstanding patient care.

Most of all to my husband, Keith, who has hung in there with me for 32 years!

## **Acknowledgments**

After having provided services to Central Baptist Hospital through a contractual arrangement for 17 years, I am fortunate to be able to continue my relationship with the hospital and its dedicated professionals as an employee. Special thanks to the following colleagues from Central Baptist for sharing their expertise: Larry Gray, M.Div., Vice-President for Mission Effectiveness, for his guidance concerning medical ethics; Sharon Wallace, R.D.-L.D., D.Sc., for teaching me about nutrition; Curt Hohenecker, R.T., R.P.F.T., and the rest of the staff of the Respiratory Care Department for sharing their expertise on the pulmonary system (and for putting up with an "outsider" as their director); and to Lonnie Wright, M.S.L.S., and Rhonda Burnett, M.S.L.S., medical librarians who go above and beyond to help research topics to keep us focused on evidence-based practice. Special thanks also to Cathy Pelletier, Ph.D., CCC-SLP, who provided a comprehensive review of this book that has guided the revision process.