Table of Contents

Unit 1: Maki	ng and Keeping Friends
Lesson 1:	Introducing Yourself
	Starting a Conversation
	Having and Ending a Conversation
	Caring and Sharing
Lesson 5:	Offering Your Help 18
Lesson 6:	Saying You're Sorry
Lesson 7:	Giving Compliments
Lesson 8:	Accepting Compliments
Unit 1 Gar	me
Unit 2: Fitti	ng In at School
Lesson 1:	Being a Good Listener
	Asking for Help
	Saying Thank You
	Following Directions
	Asking Questions
	Taking Part in Discussions
	Finishing Your Work
	me
	lling Your Feelings
	Knowing How You Feel
	Saying How You Feel
	When You're Angry
	When You're Afraid
	Rewarding Yourself
	me
	g Self-Control
	When You Need to Cool Off
	When You're Teased
	When You Need Permission
	When You're Wrong
	When You're Not Wrong 84
	me
	g Responsible
	Complaining When Things Aren't Fair 88
	When You're Left Out
Lesson 3:	Being a Good Sport
Lesson 4:	Accepting No for an Answer
	Saying No
	Handling Disagreements
Unit 5 Ga	me 111
Answer Kev	119