



About the Authors

Kathleen McConnell, PhD, is an independent education consultant and coauthor of a wide range of materials for educators, including the *Practical Ideas That Really Work* series. She has experience as a general education teacher, special education teacher, and college professor in teacher preparation programs. Kathy provides consultation, staff development, and support in the areas of behavior intervention, autism, and effective instruction in inclusive environments. She likes to help educators find positive, practical approaches to challenging situations. In addition to her individual consultation, Kathy often works with a team of other professionals to complete special and general education program reviews in school districts nationwide.

Katherine O. Synatschk, PhD, LPCS, has been involved with counseling as a professional school counselor, director of counseling, licensed professional counselor in private practice, counselor educator, school social worker, and special education teacher. She trains counselors and educators at the national and international levels. She coauthored, with Patricia K. Tollison, *SOS! A Practical Guide for Leading Solution-Focused Groups*, and *Self-Regulation for Kids K–12: Strategies for Calming Minds and Behavior*. She is currently an adjunct associate professor at Texas State University and the executive editor at PRO-ED, Inc.