About the Authors



Rachel B. Diamant, MS, OTR/L, BCP, works as an occupational therapist to provide evaluation, direct treatment, parent training, and consultation for infants and young children with developmental delay, cerebral palsy, and genetic or other neuromuscular disorders. She has presented numerous workshops for early intervention personnel and foster parents on combining play with principles of positioning to encourage sensory and motor development in infants and young children. Currently, she is an associate professor at A.T. Still University Occupational Therapy Program. Ms. Diamant received a Bachelor of Fine Arts degree from Pennsylvania State University, a Master of Science degree in Occupational Therapy from Boston University, and is pursuing a PhD in Health Psychology at Northcentral University. She is also board certified in pediatrics by the American Occupational Therapy Association and has training in pediatrics from the NDTA.

Allison Whiteside, PT, received her Basic Pediatric Neuro-Developmental Treatment Association (NDTA) training in 1982. She completed advanced studies in NDTA in baby courses with Joan Mohr and Mary Quinton, lower extremity and gait courses with Lois Bly, and the refresher course. She is an inactive NDTA Coordinator Instructor, having assisted in 11 pediatric NDTA courses, and she has instructed introductory NDTA courses. Currently, Allison is a contract therapist with The Blake Foundation, providing evaluation services for the Arizona Early Intervention Program (AzEIP) Initial Planning Process. She also provides in-home physical therapy services for infants and toddlers through her private practice, Building Blocks. Allison co-authored Facilitation Techniques Based on NDT Principles with Lois Bly in 1997. She has also written articles for Parent Articles, NDTA Network, and Parent Articles About NDT.