

About the Contributors

Martin Adam, MSW, qualified as a social worker at the University of Edinburgh in 1987 and completed his MA in marital and family therapy at Alliant International University in San Diego, California, in 2003. He now lives and works in Edinburgh, Scotland. He works part-time as a social worker with people affected by HIV and part-time in the Family Therapy Team at Couple Counselling Lothian.

Matthew Berlin, PsyD, is a licensed psychologist who received his doctorate degree in psychology with an emphasis in marital and family counseling in 2002 from Alliant International University. He is currently working as a therapist for Fred Finch Youth Center, where he specializes in working with severely emotionally disturbed foster and group home children and adolescents and their families. Dr. Berlin practices utilizing a behavior–cognitive approach, as well as a solution-focused approach, narrative therapy, and attachment therapy, among other modalities. Dr. Berlin treats issues such as physical and emotional abuse, separation and attachment from family of origin, prenatal substance exposure, intergenerational substance abuse, adolescent substance abuse, sexual abuse, and domestic violence, as well as other child- and family-related issues.

Jodi Bunting Stanley, PsyD, received her doctorate from Alliant International University in 2008, specializing in chemical dependency treatment. She is a program therapist at the San Diego Center for Children's Discovery Valley Day Treatment School, where she specializes in adolescent substance abuse.

Lisa A. Cox-Romain, PhD, is a professor and counselor at Palomar College in San Marcos, California. She earned her PhD in organizational psychology in 1999 and an MS in organizational management and development in 1997 at the California School of Professional Psychology. She holds an MEd in educational counseling from the University of San Diego and is currently working toward a marriage and family therapy degree with an emphasis in chemical dependency at Alliant International University. She has owned and operated sober living homes for women and children and specializes in domestic and workplace violence. Currently, she is the interim director at the Career Center in Counseling Services; she also teaches alcohol and drug studies, psychology, child development, and counseling courses at Palomar College.

Barbara R. Cunningham, PsyD, is a licensed marriage and family therapist who has a private practice in San Diego. She received a doctorate in psychology with a specialization

in marital and family therapy from Alliant International University in 2006. After graduating, she taught as an adjunct professor at Alliant's San Diego campus, teaching classes such as Parent–Child Therapy, Developmental Aspects of Aging, Marriage and Family Therapy Techniques, and Marriage and Family Theories. Dr. Cunningham utilizes a resiliency-based Bowen Family Systems approach in treating couples, individuals, and families, especially those suffering from marital or relationship distress, physician impairment, sexual abuse, violent loss, and grief. Her Web page is www.Cunninghamtherapy.com.

Thuy-Phuong Do, MA, is currently a doctoral student in the clinical psychology program at the California School of Professional Psychology at Alliant International University. She has over 10 years of experience teaching and counseling people with various physical and sensory disabilities. She has published several book chapters on the topic of communication and disability, and has taught at San Diego State University in the speech communication department. She has also spoken as an expert moderator at numerous conferences on the topic of life and disability.

Helena Dano Dow, PsyD, MFT, is a licensed marriage and family therapist in private practice and a member of the adjunct faculty at Alliant International University and Chapman University. A native of Albania, she has worked with clients of diverse backgrounds, including those who suffer from substance abuse or alcohol addiction. Under the instruction of Drs. Ann and Gary Lawson, Dr. Dow has developed a deeper understanding of substance abuse issues as they pertain to therapy and an appreciation of the work and research that need to be conducted in this area of mental health treatment.

Arthur J. Farkas, PhD, is the cofounder, along with his wife, Judith A. Salinger, MFT, CAS, of Lasting Recovery (www.lastingrecovery.com), an intensive outpatient substance abuse treatment program based in San Diego. Arthur is a former associate professor of family and preventive medicine at the University of California, San Diego, Medical School, and has published over 40 papers on substance abuse.

J. D. Friedman, PsyD, completed his doctorate in clinical psychology at the California School of Professional Psychology at Alliant International University's San Diego campus, after graduating from Columbia University with a Bachelor of Arts degree. He spent 6 years working in sports journalism and television production for FOX Sports–New York, which piqued his interest in professional athletes and substance abuse.

Susanne Friedrich, Dipl. Psych., is currently working toward her psychotherapy license in behavioral therapy in Dresden, Germany. As a Fulbright student, she was enrolled in the doctoral program at Alliant International University, where she obtained a certification in chemical dependency treatment in 2001. She has studied psychology in Leipzig, Germany, and has held a diploma in psychology since 2003. For her thesis, she investigated personality features and the social situation in relation to alcohol abuse in

a group of homeless individuals in Germany. She has worked in Germany at several rehabilitation clinics designed for the treatment of substance abuse and psychosomatic diseases.

Veronica Gutierrez, PhD, is an assistant professor at Alliant International University. Her specialty areas include family, couple, and child therapies, as well as working with diverse populations such as Latinos, sexual minorities, and individuals with HIV/AIDS.

A. Thomas Horvath, PhD, ABPP, is president and founder of Practical Recovery, a self-empowering (non-12-step, non-disease-oriented) addiction treatment system (practicalrecovery.com). He is also president (since 1995) of SMART Recovery (smartrecovery.org), as well as a past president of the American Psychological Association's Division on Addictions (Division 50) and the San Diego Psychological Association.

Nick Curtis Jackson, PhD, is a professor in the Department of Counseling, Educational and Developmental Psychology at Eastern Washington University. He earned his PhD in developmental psychology at the University of Kansas in 1994. In addition to substance abuse issues among older adults, he studies lesbian, gay, bisexual, and transgendered discrimination in acute and long-term care facilities. Before joining the faculty of Eastern Washington University in 1996, he served as the director of two adult family homes for persons with Alzheimer's and other forms of dementia. He continues to serve family caregivers of persons with Alzheimer's as a volunteer for the Inland Northwest Alzheimer's Association.

Gary R. Lewis, PhD, is a clinical and forensic psychologist currently working at Richard J. Donovan California State Men's Correctional Facility in San Diego. He also works in the field of HIV/AIDS research and is a current member of the APA-sponsored Behavioral and Social Scientist Volunteers. In addition to specializing in the fields of forensics and substance abuse, he works with members of the gay, lesbian, bisexual, and transgender community who are dealing with abuse suffered in childhood.

Ron J. Llewelyn, PsyD, is the clinical manager for the Domestic Violence and Mental Health Team at Cornerstone Counseling Center in Salt Lake City, Utah, and a graduate professor at the University of Phoenix and Argosy University. His research interests are in psychological assessment, psychodynamic psychotherapy, and the treatment of post-traumatic stress disorder.

Melissa Malakoff, PsyD, is a registered clinical psychologist completing her post-doctoral fellowship at Rady Children's Hospital's Chadwick Center for Children and Families, where she provides therapy services for children and families affected by trauma. Her past work experience includes an internship at San Diego State University's Counseling and Psychological Services, where she provided a variety of counseling

services, including those to students who violated the university's alcohol and drug policy. She also served as an intern and psychological assistant at Home Start, Inc., where she provided in-home therapy to families affected by abuse, neglect, and domestic violence. Her first practicum in graduate school was at St. Vincent de Paul Village, where she worked with homeless adults, many of whom were dually diagnosed.

Micah J. Mann, MA, LADC, is a licensed substance abuse counselor in Connecticut. He received his master's degree with a specialization in chemical dependency from United States International University. Micah has worked in the criminal justice field as a substance abuse therapist. He is currently a project coordinator for substance abuse research at the University of Connecticut Health Center and is an adjunct instructor at a local college.

Colleen J. Mullen, MFT, is a licensed marriage and family therapist and a doctoral candidate at Alliant International University. She teaches in the undergraduate program at Alliant International University and in the Alcohol and Other Drug Studies certificate program at San Diego City College. She has served as the director of rehabilitation services at the Salvation Army Adult Rehabilitation Center of San Diego and as a team leader with the Telecare ACT program. At Telecare ACT, she supervised an outpatient treatment team serving the severely and persistently mentally ill population of San Diego, the majority of whom were dually diagnosed. Her areas of interest involve chaos theory and nonlinear dynamical systems, addiction assessment and relapse prevention counseling, and underprivileged populations. She is currently a working member of the start-up team for the School Violence Prevention Institute at Alliant International University and is in private practice in San Diego.

Emily Naughton Lindley, MA, is a licensed marriage and family therapist in San Diego. She received a master's degree in marriage and family therapy from the University of San Diego in 2004. She is currently a doctoral student at Alliant International University, working toward her PsyD in marital and family therapy. In her private practice, she is specializing in the treatment of anxiety disorders.

P. Clayton Rivers, PhD, is professor emeritus in the Department of Psychology at the University of Nebraska–Lincoln. From 1972 to 2002, he conducted alcohol training in the clinical psychology training program and worked closely with community agencies. He spent a year as a postdoctoral fellow in alcohol use and abuse at Harvard Medical School and Massachusetts General Hospital. In 1979, he spent a year in New Zealand assisting that country in establishing alcohol assessment centers and training personnel in intervention, prevention, and treatment approaches.

Duane E. Rogers, PsyD, is a licensed marriage and family therapist who practices in San Diego. He has worked in the field of chemical dependency since 1972. He directed the San Diego County Employee Assistance Program (EAP) and later developed a private

EAP company. He has worked as a group facilitator in the California Physician Diversion Program since 1982, running ongoing groups for physicians, dentists, pharmacists, and other licensed health professionals with addiction or mental health issues. He has also worked as the self-referral therapist for the State Bar Court Lawyer Assistance Program in San Diego since 1990. Practice specialties include recovery groups for impaired health and legal professionals, and individual, family, and couple relational and addiction issues. Duane also holds a professional degree in public health (MPH).

Cynthia G. Scott, PhD, received her doctorate in counselor education from Southern Illinois University–Carbondale in 1989. She is an associate professor in the Clinical Mental Health Counseling Program at the University of North Florida in Jacksonville, Florida, where she has worked for 14 years. During that time, she has served as director for both the Addictions Counseling Program and the Rehabilitation Counseling Program. Prior to that, Dr. Scott served for 5 years as the director of the Graduate Program in Substance Abuse Counseling at the University of Iowa, during which time she also maintained a private practice in Cedar Rapids. Her areas of specialty and interest include chemical and behavioral addictions and how they relate to family systems, addiction as a disability, and group theory and practice.

Jillian Sokoloff, MA, has her master's degree in marriage and family therapy from California School of Professional Psychology at Alliant International University. She graduated with honors from Dowling College. She spent 3 years working with children with developmental disabilities after receiving her associate's degree in early childhood education. Jillian plans to focus her career on working with recovery resistance and chemical dependency issues.

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