
Contents

Preface **vii**

Acknowledgments **xi**

- 1 History and Systems of Cognitive Rehabilitation **1**
- 2 A Model of Cognitive Rehabilitation **13**
- 3 Neuropsychology of Thinking **29**
- 4 Dynamics of Attention and Memory **47**
- 5 Theories and Models of Recovery **59**
- 6 Transfer and Generalization of Cognitive Skills **73**
- 7 Theories of Forgetting **87**
- 8 Retraining Iconic Memory **101**
- 9 Retraining Attention and Concentration **113**
- 10 Maintenance Rehearsal **127**
- 11 Retraining Working Memory **141**
- 12 Retraining Memory Strategies **153**
- 13 Rehearsal Revisited **165**
- 14 Retraining Organizational Skills **175**
- 15 Retraining Problem-Solving Skills **195**
- 16 Retraining Conceptual Skills **213**

<u>17</u>	Retraining Decision Making	225
<u>18</u>	Retraining Reasoning and Comprehension	237
<u>19</u>	Retraining Executive Skills	253
<u>20</u>	Physical, Social, and Environmental Conditions	267
<u>21</u>	Treating Emotional Issues and Posttraumatic Stress	287
<u>22</u>	Learning to Forget	313
<u>23</u>	Cognitive-Enhancing Nutrients and Drugs	325
<u>24</u>	Incentives and Cognitive Rehabilitation	345
<u>25</u>	External Aids to Cognition	359
<u>26</u>	Effectiveness of Cognitive Rehabilitation	383
	Epilogue: Fostering Hope After Brain Injury	403
	Appendix A: Problems–Solutions Treatment Planner	409
	Appendix B: Self-Motivation Treatment Planner	437
	Author Index	441
	Subject Index	461
	About the Authors	477