# Developmental Pre-Feeding Checklist: A Global Approach

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<th>Name ______________________</th>
<th>C.A. ____________</th>
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<th>Present—Spontaneous</th>
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## 1 Month

### Feeding position
- Supine with the head slightly elevated; or prone; or reclining at an angle of less than 45 degrees; or sidelying.

### Food types
- Is fed only liquids from the bottle or breast.

### Food quantity
- Takes 2 to 6 ounces of liquid per feeding, at 6 or more feedings per day.

### Sucking liquids
- Uses a suckling or sucking pattern with the bottle or breast. Loses some liquid during sucking.

### Swallowing liquids
- Swallows thin liquids with a suckle-swallow pattern. Tongue may protrude slightly through the lips with an extension-retraction movement.

### Coordination of sucking, swallowing, and breathing
- Sequences two or more sucks from the breast or bottle before pausing to breathe or swallow.

### Control of drooling
- Rarely drools because of minimal saliva production.

## 3 Months

### Feeding position
- Is fed in a supported semi-sitting position, reclining at an angle of 45 to 90 degrees.

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