



Developmental Pre-Feeding Checklist: A Global Approach

Name _____ C.A. _____ Assessment date _____

		Present— Spontaneous	Present With Facilitation	Not Present
1 Month				
Feeding position	Supine with the head slightly elevated; or prone; or reclining at an angle of less than 45 degrees; or sidelying			
Food types	Is fed only liquids from the bottle or breast			
Food quantity	Takes 2 to 6 ounces of liquid per feeding, at 6 or more feedings per day			
Sucking liquids	Uses a suckling or sucking pattern with the bottle or breast. Loses some liquid during sucking.			
Swallowing liquids	Swallows thin liquids with a suckle-swallow pattern. Tongue may protrude slightly through the lips with an extension-retraction movement			
Coordination of sucking, swallowing, and breathing	Sequences two or more sucks from the breast or bottle before pausing to breathe or swallow			
Control of drooling	Rarely drools because of minimal saliva production			
3 Months				
Feeding position	Is fed in a supported semi-sitting position, reclining at an angle of 45 to 90 degrees			