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only when children exhibit what are commonly seen as inappropriate mealtime behaviors, such as throwing food or displaying aggression toward others. Behavior analysts have a wide definition of behavior. We define behavior as everything a person *does* or *says*. Thus, eating problems are behavioral problems, which accounts for why eating problems are successfully treated by behavioral methods.

By following a behavioral model, we can address a range of motivational and skill deficits often found in children with feeding problems. The model also provides a structured methodology for identifying and measuring changes in feeding skills and evaluating the effectiveness of treatment.

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