Table of Contents

Foreword to the First Edition  xi
Preface and Opening Notes to the First Edition  xiii
Preface to the Second Edition  xix
Acknowledgments to the First Edition  xx
Acknowledgments to the Second Edition  xxv

Chapter 1
Music Therapy: An Overview  1
Introduction  2
The Practice of Music Therapy  6
Conclusion  14

Chapter 2
Music Therapy as a Primary Treatment Modality for
Developmental Disabilities  17
Introduction  18
Rationale  19
Psychobiological Bases  21
Conclusion  23

Chapter 3
Assessment and Treatment Planning  27
Introduction  28
Administration of the Assessment  48
Treatment Planning  50
Conclusion  54
Appendix 3.A—Music Therapy Assessment  59
Appendix 3.B—Guidelines for Administering Music Therapy
Assessment  67
Appendix 3.C—Music Therapy Assessment for Developmental
Disabilities  73
Appendix 3.D—Music Therapy Assessment for Developmental Disabilities (MTADD) Procedure  ■  77
Appendix 3.E—MTADD Data Form  ■  85
Appendix 3.F—Music Therapy Treatment Plan  ■  89
Appendix 3.G—Client Personal Data Card  ■  95

Chapter 4
The Context for Treatment: A Continuum of Awareness  ■  97
Introduction  ■  98
Three Main Strategies  ■  104
Conclusion  ■  110

Chapter 5
Treatment as Process  ■  115
Introduction  ■  116
Client–Therapist Relationship  ■  117
Group and Individual Process  ■  120
Treatment Strategies and Techniques  ■  122
Methodology  ■  126
Conclusion  ■  151

Chapter 6
Clinical Practice: Process-Oriented Descriptions of Treatment  ■  155
Introduction  ■  156
Descriptions of Therapy  ■  157
Conclusion  ■  219

Chapter 7
Resource Materials  ■  221
Introduction  ■  222
Designs for Therapeutic Music Activities  ■  222
Appendix 7.A—Music Books  ■  251
Appendix 7.B—Discography  ■  253

Chapter 8
Organizing a Music Therapy Program  ■  259
Introduction  ■  260
An Organizational Plan  ■  260
A Transdisciplinary Approach to Treatment  ■  276
Conclusion  ■  280
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Epilogue and Concluding Notes</td>
<td>283</td>
</tr>
<tr>
<td>Glossary</td>
<td>285</td>
</tr>
<tr>
<td>Appendix A—Ethical and Clinical Standards of the Profession</td>
<td>299</td>
</tr>
<tr>
<td>Appendix B—Notes about the CD</td>
<td>301</td>
</tr>
<tr>
<td>About the Author</td>
<td>311</td>
</tr>
<tr>
<td>Index</td>
<td>313</td>
</tr>
</tbody>
</table>