

# Contents

<b>Foreword .....</b>	xi
<b>Preface .....</b>	xiii
<b>Acknowledgments .....</b>	xv
<b>Introduction and How To Use This Book .....</b>	xvii
<b>Part 1: Insights and Ideas for Therapy Success</b>	
<b>What You Need To Know About Stuttering .....</b>	3
Separating Fact from Fiction .....	3
Understanding Stuttering Leads to Better Treatment .....	19
<b>Your Tools for Successful Stuttering Therapy .....</b>	21
Creating a Motivating and Safe Environment .....	22
Measuring Successful Therapy .....	26
Learning the Therapy Approach .....	28
Choosing Your Terminology .....	39
Writing IEP Goals .....	43
Using the Activities .....	47
<b>Part 2: 50 Great Activities: How-To, Handouts, and Homework</b>	
<b>Identifying and Exploring Stuttering .....</b>	55
1. Stutter Tag .....	56
2. Stuttering Awards .....	60
3. Stuttering Bingo .....	64
4. Pocket Calendar .....	69
5. Candid Camera .....	73
6. Teach Me How To Stutter .....	75
7. Stuttering Private Eye .....	78

<b>Practicing Speech Tools .....</b>	83
8. Tools of the Trade .....	84
9. Stretching .....	87
10. Bouncing .....	99
11. Pausing .....	108
12. Voluntary Stuttering .....	117
13. Eye-to-Eye .....	126
14. Stuttering Grab Bag .....	129
15. Stuttering Potluck .....	131
16. Speech Tool Bingo .....	133
17. Stutter Bubbles .....	136
18. Pick-Up Sticks .....	139
19. Out in the World .....	142
20. Phone Fun .....	145
21. All Together Now .....	153
22. The King of Pausing .....	156
23. Stuttering Private Eye—Revisited .....	158
 <b>Learning The Facts .....</b>	161
24. Facts .....	162
25. Quizzes .....	167
26. Famous Role Models .....	178
27. The World Wide Web .....	185
28. You Are the Expert .....	189
 <b>Uncovering Feelings .....</b>	195
29. Draw a Picture of How You Talk .....	197
30. Stuttering Interviews .....	202
31. You Feel That Way Too? .....	213
32. It's Showtime .....	230
33. Questions and Answers .....	242

34. Dear Abby .....	247
35. Do You Read Me? .....	258
36. Big News .....	263
37. Post It .....	268
38. Talking About Feelings and Emotions .....	271
39. Below the Surface .....	278
<b>Targeting Language and Stuttering Goals .....</b>	<b>283</b>
40. 20 Questions .....	285
41. Barrier Games .....	290
42. Let's Talk .....	292
43. Joke Telling .....	296
44. Pleased To Meet You .....	305
45. Listen Up .....	309
46. Verbal Sequencing Activities .....	312
47. Having Fun with Errands .....	319
48. Idioms .....	322
49. Trust Building: The Blindfolded Walk .....	328
50. Scavenger Hunt .....	331
<b>Part 3: Appendixes</b>	
Appendix A: Reproducible Forms .....	337
Appendix B: Handout for Teachers .....	357
Appendix C: Stories and Poems by People Who Stutter .....	361
Appendix D: Altered Speech Feedback .....	374
Appendix E: Resources for People Who Stutter .....	379
<b>References .....</b>	<b>383</b>
<b>About the Author .....</b>	<b>395</b>