



MICHAEL J. GELB is a globally acclaimed pioneer in the fields of communication skills, mind/body fitness and creative thinking. A professional speaker since 1978, Gelb has presented to over 100,000 people in the United States, Europe, Africa, Australia, Scandinavia and Japan. He is the President of High Performance Learning, an international leadership training and consulting. HPL's clients include Amoco, Bell Atlantic, Du Pont, Lehrer-McGovern-Bovis, Merck, National Public Radio, The Nightingale-Conant Co., Weyerhaeuser, Xerox and The Young Presidents Organization.

Mr. Gelb's background includes a B.A. in Psychology and Philosophy from Clark University and a M.S. in Psychophysical Re-education from Goddard College. He is a certified teacher of the Alexander Technique of mind and body coordination, having completed a three-year program at the School of Alexander Studies in London. His first book, *BodyLearning: An Introduction to the Alexander Technique*, was published in 1981 and has become the standard work in the field. Michael Gelb is also the creator of a unique approach to accelerated learning described in *Lessons From the Art of Juggling: How to Achieve Your Full Potential in Business, Learning and Life* (co-authored with Tony Buzan).

Michael Gelb has collaborated with Tony Buzan, the creator of Mind Mapping for three decades. In 1982, he became the first person to be awarded the distinction of "Master Teacher" by the Buzan Foundation. In 1993 Michael Gelb created the best-selling Nightingale-Conant audiotape program—*Mind Mapping: How to Liberate Your Natural Genius*.